

# UPWARD MOBILITY



TOOLKIT FOR INCREASING UPWARD MOBILITY IN YOUR COMMUNITY

# Developing a Theory of Change for Your Upward Mobility Work

This worksheet is part of the Upward Mobility Initiative's *Toolkit for Increasing Upward Mobility in Your Community*. Use it to develop a theory of change that can help you communicate succinctly about your work and the changes you intend to bring about in your community.

#### FIGURE 1

## **Theory of Change Statement**

### **PROBLEM**

What problem are you trying to solve?

#### EXAMPL

Many people in our community are financially insecure and unable to access health care, housing, transportation, and other basic needs

## **>**);

#### SOLUTION

How do you plan to address the problem?

#### EXAMPL

We will launch a campaign to pass a local living wage ordinance and establish programs to attract and retain health care providers



#### **IMPACT**

How will you know if your efforts are successful? (i.e., how will your strategies achieve your desired outcomes?)

#### EXAMPLE

In the medium term, more jobs will pay living wages and there will be more health care providers serving our community.

In the **long term**, residents will be healthier and have greater levels of well-being

#### **FORMULA**

In order to [insert your problem statement], we will [insert your strategies], which will lead to [insert your medium-term outcome(s)], thereby [insert your longer-term outcomes(s)].

#### THEORY OF CHANGE STATEMENT

In order to ensure that people in our community can achieve financial security and meet their basic needs, we will launch a campaign to pass a local living wage ordinance and establish programs to attract and retain health care providers, which will lead to increases in the number of jobs paying living wages and the number of health care providers serving our community, thereby helping residents achieve greater levels of health and well-being.

f what you are working towa		eated with your coalition as a reminde
reate your theory of change	statement by answering the	e following prompts.
What problem are you trying to solve? This should have emerged from your community vision.	How do you plan to address the problem? These are the strategies you identified in your logic model.	How will you know if your efforts are successful (for example., how will your strategies achieve your desired outcomes)? These are the outcomes you identified in your logic model.
Theory of change statement		
Using the formula in the example	e, put together the elements above	e to form your theory of change statement.